



**COSMIC Institute of Acupuncture & Naturopathy**

1-1-651/1/A/3, Gandhinagar, Hyderabad-500 080.  
cosmicindianacupuncture@gmail.com

**A Comprehensive Institute for Acupuncture & Naturopathy** in Telangana and Andhra Pradesh



**Courses Offered:**  
**1 Year Professional Course D.Acu.** (Diploma in Acupuncture)

**Advanced Professional Course Ad.D.Acu.**

(Advance Diploma in Acupuncture)



**Gandhi National Academy of Naturopathy, Delhi.**

**4 Year Course NDDY**  
(Diploma in Naturopathy, Diploma in Yoga)

**Dr. Sudhakar:** 939 100 9430 · **Hr. PLK Durga:** 703 291 3876  
**Hr. Chidambaram:** 98852 88928 · **Hr. Sridevi:** 8885 10 8710

**From 2014:**

**12 Batches, over 1050 Students Graduated, Practising Acupuncture Successfully**

**Who all can learn Acupuncture?**

Education: +2 and above & any Graduation Students from any stream any Degree can learn along with their education.

**(Classes only on 2nd Sat & Sun)**

**No Age limit**

- Home Makers • Beauticians
- Home Science Students • RMP's
- Yoga Practitioners/ Trainers • Nurses
- Sports Doctors • Physiotherapists
- Dental Surgeons • B. Pharma
- M. Pharma • Bio-Medical Engineers
- Aayurveda and Aayush Doctors
- Retired Personnel
- Service Oriented People and
- Software Professionals



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cosmicacupuncture.com; cianinstitutions.com  
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**13th Batch**

**D.Acu.**

1 Year Professional Course

**Schedule**

for the Year **2026-27**

**Syllabus**

Affiliated to:



**D.Acu.**

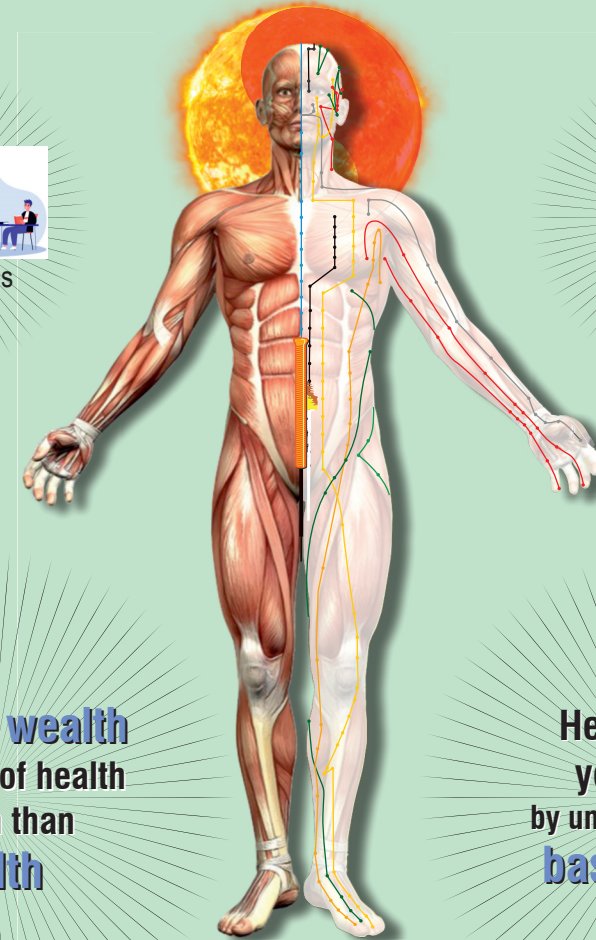
**1 Year Professional Course**  
Diploma in Acupuncture



Offline Classes



Online Class



**Health is wealth**  
knowledge of health  
is worth than  
**wealth**

**Heal yourself**  
**&**  
**your family**  
by understanding the  
**basics of life**



**Dr. Sudhakar**  
Ad.D.Acu., M.D.(EH), NDDY  
Acupuncture & Naturopathy Consultant



**Hr. PLK Durga**  
M.Acu., Ad.D.Acu., NDDY  
Acupuncture & Naturopathy Consultant



**Hr. Chidambaram**  
M.Acu., M.Suj., NDDY  
Acupuncture & Yoga Consultant



**Hr. Sridevi**  
M.Acu., Ad.D.Acu., NDDY  
Acupuncture & Naturopathy Consultant



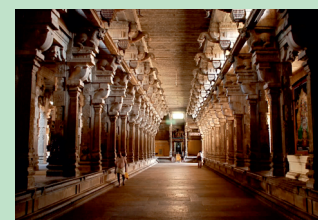
# Diploma in Acupuncture 2026-27 Schedule

June 13 <sup>th</sup>	Inaugural Session Introduction of Students	History of Acupuncture
June 14 <sup>th</sup>	<b>5 Element Theory:</b> Nebula Theory, Generative Cycle & Controlling Cycle	Yin & Yang Theory De-Generative & De-Controlling Cycle
July 11 <sup>th</sup>	5 Element Organs and their relation 10 Ground Rules	In the state of imbalance, 10 Ground Rules
July 12 <sup>th</sup>	Organ Clock and 10 Ground Rules	Understanding interrelation 10 Ground Rules
Aug 22 <sup>th</sup>	Anatomy & Physiology - 1 Anatomy & Physiology - 2	Functions of the Organs Cell Theory
Aug 23 <sup>th</sup>	Food is Medicine Waste Elimination	Your Body is Your Doctor Measurements of Meridian points
Sep 12 <sup>th</sup>	 <b>FIRE Element: Heart &amp; Small Intestine Channel</b>	 <b>Pericardium &amp; Triple Warmer Channel</b>
Sep 13 <sup>th</sup>	 <b>EARTH Element: Spleen &amp; Stomach Channel</b>	 <b>AIR/METAL: Lungs &amp; Large Intestine Channel</b>
Oct 10 <sup>th</sup>	 <b>WATER Element: Kidney &amp; Urinary Bladder Channel</b>	 <b>WOOD Element: Liver &amp; Gall Bladder Channel</b>
Oct 11 <sup>th</sup>	CV Channel & GV Channel	Channel Flow Energy Pathway
Nov 14 <sup>th</sup>	Infection & anti-Infection Theory Vaccination Bio-chemistry	Diabetes, BP, Thyroid, Cancer and Other Major Diseases
Nov 15 <sup>th</sup>	Revision of All Channels	Revision of Other Subjects

Session-I 8:30 -11:00 am | **Tea Break** | Session-II 11:10 am -1:30 pm followed by **LUNCH 1:30 pm**  
**NOTE:** Schedule subject to change without prior notice

Dec 12 <sup>th</sup>	Body, Mind & Soul - Acupuncture The Power of Meditation   Chakras	Other Systems of Medicine in Ayush and Naturopathy
Dec 13 <sup>th</sup>	Pulse Reading & Diagnosis <b>Session-I and Session-II</b>	Pulse Diagnosis & Needling <b>Session-III</b>

## 5 Element Temples Tour (Tour Expenditure not included in the Course Fee)



Water Temple- Jambukeshwaram



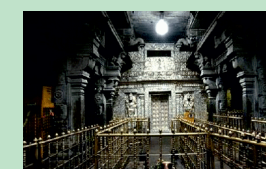
Wood Temple- Chidambaram



Fire Temple - Arunachaleshwar



Earth Temple  
Ekambareswar



Air Temple  
Sri Kalahasthishwar

Jan 17 <sup>th</sup>	Water Temple -Janbukeshwaram	Wood Temple : Chidambaram
Jan 18 <sup>th</sup>	Fire Temple - Arunachaleshwar Earth Temple : Ekambareswar	Air Temple - Srikalahasthishwar Back to Hyderabad
Feb 13 <sup>th</sup>	Practical Point Selection <b>Session-I and Session-II</b>	Needling Methods <b>Session-II</b>
Feb 14 <sup>th</sup>	Guidelines for Meridian Practice <b>Session-I and Session-II</b>	Diagnosis through 10 Ground Rules <b>Session-III</b>
Mar 13 <sup>th</sup>	Revision Channels and Needling	Interactive Session
Mar 14 <sup>th</sup>	Model Papers & Method of Examinations	Opinion of the Students Concluding Session
April 10 <sup>th</sup>	<b>Paper I</b> - History and Philosophies of Acupuncture	<b>Paper II</b> - Acupuncture Anatomy & Physiology
April 11 <sup>th</sup>	<b>Paper III</b> - Acupuncture Meridians & Element Points	<b>Paper IV</b> - Diagnosis & Nature Cure

Session-I 8:30 -11:00 am | **Tea Break** | Session-II 11:10 am -1:30 pm followed by **LUNCH 1:30 pm**  
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